

# *Returning To* **WHOLENESS**

Reclaiming Every Particle of Your Creation



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# Returning To Wholeness



This requires a level of self-love that surpasses what the old ego human programming would allow. There is no:

- Faking it or being in any level of illusion
- Brushing emotions under the surface
- Ignoring distortions at any level of your consciousness

Wholeness is our natural state of Being. To return to this state, we must transcend the ego programs that we have experienced since the fall into separation and duality.

Those frequencies and/or aspects of us must be transformed and embodied for us to shift into higher realms of consciousness.

This requires a return to our Original Innocence, seeing beyond all distortions, and into the Love and Light that has always been at the core of everything. Into harmonic resonance at every level.

This is complete neutrality and unconditional love for ourselves and ALL life. This is a return to Mastery!

The return to wholeness is a purification of your mind, body, and Unique Signature Frequency, i.e. energy, across the universe and beyond, embodied in the Now Moment.

There is a glossary of terms at the end for your reference.

# *Returning to Wholeness*



## Step One

- Take an expansive breath and bring your awareness into your High Heart.
- With your next breath, feel into your entire body. Your cells, bones, organs, and even your blood as it pulses through your veins, sending a wave of Unconditional Love with profound gratitude for your body, as your DIVINE VEHICLE for returning to wholeness.
- Next, ground your Organic Essence and Light from your High Heart Source connection, up your Central Column to your 14th Universal Sun Chakra (3 ft above your head)
- With your next breath, ground down through your Nervous System to your 13<sup>th</sup> Universal Mother Chakra (12 inches below your feet) and into the DIAMOND CORE of the planet.
- Flow it back up your central column into your High Heart, and set your intention to connect to the Universal Mother's Organic Heartbeat.
- Next, ignite Your Divine White Flame of Creation within the center of your High Heart. Feel it pulse through your physical body and Lightbody at every level.

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## Step Two

With a Pure Heart and Divine Intention, call home:

- Every Aspect of Your Consciousness
- Every Fractal of Your Unique Light & Sound Frequencies
- Every Particle of Your Creation throughout the Multiverse
- The most Extreme Polarized Aspects of You playing out throughout the Totality of the Deep Dive into Separation

Call yourself home with unconditional LOVE, without any judgments, back to zero-point neutrality, cleared of ALL distortions at ANY level.

As these fractals, particles of YOUR Unique Signature Frequency return:

- Bring them into the Divine White Flame of Creation at the core your High Heart and back into the Organic
- With an open heart and unconditional love, set your intention to bring them into harmonic resonance, coherence now.
- Breathe and set the intention to calibrate into this level of wholeness, into organic resonance of your Divine Truth.

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As we continue to move into higher states of consciousness, this technique is a valuable tool to focus your attention and intention.

It is most effective when used DAILY, even multiple times a day, to facilitate the return of your essence from across VAST levels of consciousness.

So vast that the human mind (ego, reptilian, or lower mind) has no way to actually conceive of the totality of this deep dive at the quantum levels. Or the intricate Light Architecture that kept it in place, creating the experience of separation.

Each stage or phase of our return to wholeness (i.e. ascension) opens access into higher realms of consciousness.

As we purify our Divine Vehicle our ability to activate our Angelic Human Divine Blueprint, DNA, Cosmic Memories and more, uexpands.

Our Awakening is Multifaceted! Reclaiming every particle of our creation is an essential part of the process.

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## Glossary of Terms

### Morphogenetic Chakras Locations

- 8<sup>th</sup> Higher Heart - Thymus Gland
- 9<sup>th</sup> Mouth of God - Where the neck and spine meet
- 10<sup>th</sup> Sapphire Star - 6 inches above the crown
- 11<sup>th</sup> Galactic Star - 18 inches above the crown
- 12<sup>th</sup> Earth Star - 6 inches below your feet
- 13<sup>th</sup> Universal Mother Star - 12 inches below your feet
- 14<sup>th</sup> Universal Sun Star - 3 feet above your crown

### Diamond Core

At every level of her consciousness, every harmonic universe, the planet has a Pure Diamond Crystal at her core.

These Diamond cores have been locked inside Metatronic Black Cubes to block and disconnect her as Dragon. She is an Emerald Heart Dragon within the larger Multiverse and holds essential codes for all of life across the multiverse to ascend.

Your Unique Signature Frequency. Essentially your Light and Sound "fingerprint" that is unique to you, and only you, as a fractal of Source Light.